

Water Safe Swim – LOCAL REFERRALS

25 Years of Educating and Teaching Water Safety



A little bit about Miss Julie. This will my 25th year of teaching and educating infants, children, and families about water safety. My husband, Troy and I have lived in the Lodi area for 21 years. We have 6 children - 4 boys and 2 girls, ages range from 26 to 14 plus 2 girlfriends have also joined our family. Life is full of family dinners, kids' sports, school, community, and life's adventures. I am also a first responder, as an EMT and I am a crazy lover of the nightshift ER life. I worked at Lodi Memorial Hospital for 11 years. Water safety continues to be one of my most favorite things and I remain passionate about sharing everything I know with you! Under my Water Safe Swim program, I have trained and certified 9 other amazing people. Local programs are in Morada, Escalon, Modesto, South Lodi, West Lodi and North Lodi/Acampo.

<u>PARENTS</u>: In any swimming program you choose, the swimmer should not be the only one learning. Parents should be educated along the way with a lot of water safety information and suggestions for your best chances at successful swimming! All the information I share is to help you get started in learning about the importance of LAYERS and how to make a WATER SAFETY PLAN for your family using as many of these LAYERS as possible. Swim lessons of any kind are only one layer in providing water safety for your child and family. The more LAYERS the better chance you have in protecting your child from a water tragedy. Implementing multiple layers will also give them the enjoyment of safely and confidently playing in all water environments.

<u>ONLINE + SOCIAL MEDIA</u>: Share what you know...I promise you WILL save a life! Visit <u>www.watersafeswim.com</u> for essential water safety tips, program details, and answers to frequently asked questions! I'm thrilled to share this new resource with you—please help spread the word by sharing it with your friends and family. Please follow us to check out postings of water safety education.

- Website: <u>www.watersafeswim.com</u>
- Facebook: <u>Water Safe Swim | Julie Schiess</u>
- Instagram: @watersafeswim | @julie_schiess

WATER SAFE SWIM LOCATIONS + INSTRUCTORS:

SOUTH LODI: Karyn Bussman, 209-607-7208 IG: @watersafeswim209, Water Safe Swim Certified since 2020 LODI: Kevin + Kylie Bennett, 209-712-7117 IG: @watersafeswimlodi, Water Safe Swim Certified since 2025 MORADA: Tiffany Albritton, 209-331-6936 IG: @watersafeswim_morada, Water Safe Swim Certified since 2024 ESCALON: Kasey Cheary, 209-918-7520 Water Safe Swim Certified since 2019 + Traditional swim lessons MODESTO: Riley Shultz, 209-627-0413 IG: @watersafeswim_modesto, Water Safe Swim Certified since 2025

COMPETENT, STRONG SWIMMER LESSONS:

- Kamdyn Schiess, 209-331-3527. Private, one on one traditional swim lessons focusing on competent, strong swimming and confidence building swim skills. Lodi High School 2025 Graduate. Kamdyn is a competitive level soccer player, honors student, incredibly organized and responsible. This will be her 3rd year to teach. Ages 4+.
- Mia Guidi, 209-481-4355 * Niece to and trained by Ashley Reilly (she is the contact number for Mia). Ashley has 22 years
 of teaching traditional swim lessons and years ago was a director of youth aquatics at Cal. This will be Mia's 4th year
 teaching one on one traditional swim lessons with stroke and turn skills. Ages 4+

The more your child swims the more confident they will become and the stronger their swim skills will be. I recommend giving your child as many opportunities to swim as possible! Learning swim strokes does not ensure your child is a good or competent swimmer...lots of water exposure, swimming while playing is what will produce excellent, safe, strong, and confident swim skills.

TRADITIONAL SWIM LESSON PROGRAMS:

- Lodi Gold, Swim Club, Summer swim lesson program run by John and Cindy Griffin. John 209-712-4382
- Lodi Swim Training, Spring + Summer swim lessons. Focus is to foster supportive and motivating swim skills, through water confidence. Water introduction for swim team reddiness. Cyndie Parker 209-663-2696
- Ms. Chrissies Fishies, Year-round swim lesson program, Water Safe Swim Certified amended program, summer swim team options, water polo conditioning and instruction. Chrissie Donlin 209-981-4635 IG: @mschrissiesfishies
- Woodbridge Country Club *subjective to who is in charge each season. But overall has solid outcomes and good reviews.
- Galt City Swim + Linden City Swim
- Sunshine Swim Center, Elk Grove. Year-round swim programs. www.sunshineswimcenter.com or 916-685-7462

COMPETITIVE SWIM AND DIVE TEAMS:

- Lodi Swim Club, Year-round competitive program run by John and Cindy Griffin. John 209-712-4382
- Lodi Park and Rec Summer Swim Team Program *Seals, Tritons + Dolphins have great 6 and under teams and coaches!
- Elk Grove Piranhas Aquatic Club, Year-round competitive and summer swim programs. www.elkgrovepiranhas.com
- Delta Valley Diving. Year-round competitive program. Robert Wimberly. 209-327-9597 www.deltavalleydiving.com

CPR CERTIFICATION:

- Professional CPR and FIRST AID with AED Training and Certification locations in Stockton, Modesto and Sacramento. Offer both medical and non-medical level classes. <u>www.procprclasses.com</u> or 916-259-0043
- Sunshine Swim Center, Elk Grove. CPR and FIRST AID with AED Training and Certification. Only offer routine courses. <u>www.sunshineswimcenter.com</u> or 916-685-7462

BABYSITTER/NANNY:

Kamdyn Schiess. 209-331-3527. 17 year old. Lodi High School 2025 Graduate. Competitive level soccer player. Honor student. TA for multiple Lodi High School teachers. Teachers Aid at Vinewood Elementary School. Swim instructor. Fun, outgoing, happy, organized, responsible, energetic and all around a nice person. Miss Julie's daughter. Has fantastic babysitting referrals.

Jocelyn Maldonado. 209-217-2855. 17 year old. Lodi High School 2025 Graduate. Competitive level soccer player. Responsible, fun, happy, outgoing, organized and older sister to 2 grade school aged siblings. Has fantastic babysitting referrals.

Ashley Weeks. 209-294-9683. Almost 20 year old. Lodi High School 2023 Graduate. 4+ Years preschool daycare aid experience. 1 year in home full time private nanny experience. Outgoing, organized, dependable, bubbly and fun. Loves animals. Has fantastic babysitting and work referrals.

LIFEGUARDS FOR HIRE:

Private events that include swimming or water. You can try Woodbridge Country Club and Lodi Park and Recreation to see who they have certified each season.

- Ashley Matt. Certified. 209-331-3969
- Mia. Certified. 209-817-3449
- Jacob Brigham. Certified. 209-915-7311. Work experience at The Stonewood Pool in Stockton. High honor student and Junior at Bear Creek High School while enrolled in the dual enrollment program. Seasoned athlete in triathlons, competitive swim, track and cross-country.
- Kamdyn Schiess. Not Certified. 209-331-3527
- Jocelyn Maldonado. Not Certified. 209-217-2855

POOL BUILDERS + POOL SERVICE COMPANIES:

- Spring Creek Pool and Spa, Inc. Greg Wheatley 209-599-5502. www.springcreekpools.com
- Independent Pool and Spa Service Association, Inc. Go to <u>www.ipssa.com</u> to find your local pool service professional

NATIONAL WATER SAFETY PROGRAMS:

Infant Aquatics, Inc. "IA". National and Worldwide instructors. www.infantaquatics.com

Infant Swimming Resource, "ISR" Modesto: Rebekah Emehiser, 209-612-6188 ISR Certified* 16+ years. *ISR Instructors <u>are not</u> all the same. Rebekah is currently the only ISR instructor I recommend. ISR is a company and among many others nationally and worldwide that teach water safety swim skills. ISR is mistaken for meaning water safety skills and while the ISR company teaches these skills ISR is the name of a branded company not the acronym for water safety skills.



For more information on Water Safety, to collaborate or be added to my referral list please reach out.

Miss Julie, EMT, Water Safe Swim Owner + Instructor, 209-327-8371